

## Medications Which Must Be Withheld Prior to Skin Testing

All the medications listed below must be held at least 48 hours prior to skin testing, and the medications denoted by a \* or + must be held longer than 48 hours. The majority of these medications are antihistamines used to treat allergy symptoms or hives. However, the sleep aids and medications used to prevent dizziness or nausea also have antihistaminic effects. If you are taking a tricyclic antidepressant, consult with your doctor before stopping it.

These medications are listed by brand name, with the (generic name) in parentheses.

Actidil (triprolidine HCL)	Disobrom	Phenergan (promethazine)
Actifed (triprolidine HCL)	Disophrol	Polaramine, Polargen
Alka-Seltzer Plus Cold (chlorpheniramine)	Dorcol	(dexchlorpheniramine)
<b>*Allegra (fexofenadine)</b>	Dristan	Pyribenzamine
Allerest (chlorpheniramine)	Drixoral	Pyroxate (chlorpheniramine)
<b>Allevert (loratadine)</b>	Extendryl	Rhinex
<b>*Atarax, Vistaril (hydroxyzine)</b>	Fedahist (chlorpheniramine)	Rondec (carbinoxamine)
ARM	Hispril (diphenylpyramine)	Rynatan (chlorpheniramine/
Atrohist	Histabid	pyrilamine)
<b>BENADRYL (diphenhydramine)</b>	Histadyl	Rynatuss
Benylin (diphenhydramine)	Histaspan	Sine-Aid
Bromfed (bromphenaramine)	Isoclor	Sinutab
Chlor-Trimeton (chlorpheniramine)	Kronafed-A	Sinutin (chlorpheniramine)
Citra	Naldecon (phenytolozamine)	Sudafed-Plus (chlorpheniramine)
<b>*Claritin (loratadine)</b>	Napril	Tacaryl (methdilazine)
<b>*Clarinex (desloratadine)</b>	Nolahist (phenindamine)	Tamine
Clistin (carbinoxamine)	Nolamine (chlorpheniramine)	Tavist (clemastine)
Comhist	Novafed A	Teldrin
Congesprin	Novahistine	Temaril (trimeprazine)
Contact	Optimine (azatadine)	Triaminic ((chlorpheniramine)
Coricidin (chlorpheniramine)	Ornade	Triaminicin
Deconamine	Ornex	Trinalin (azatadine)
Dehist	PBZ (tripeleennamine)	Tussagesic
Dimetane	Periactin (cyproheptadine HCL)	<b>*Xyzal</b>
Dimetapp		<b>*Zyrtec (certirizine)</b>

This list is not inclusive and does not include many combination cough/cold syrups, extended release products, or ophthalmic (eye) preparations.

### Anti-nausea/Antivertigo agents:

Antivert, Bonine, DizmissR (meclizine)	Emete-Con (benzquinamide)
Bucadin-5 (bucitizine)	Marezine (cyclizine)
Compazine (prochlorperazine)	Marmine, Dramamine (dimenhydrinate)
Dymenate	Tigan (trimethobenzamide)

### Combination antiasthmatic products with an antihistamine:

**\*Marax (theophylline/ephedrine/hydroxyzine)**

### Non-prescription sleep aides and miscellaneous:

Tylenol PM, Unisom, Nytol, Somnex, Twilite, Quita, Midol-MSF

### +Tricyclic or Tetracyclic antidepressants (Contact your prescribing doctor or psychiatrist before discontinuing)

Adepin (doxepin)	Nopramin (desipramine)
Anafranil (chomipramine)	Pamelor (nortriptyline)
Asendin (amoxipine)	Remeron (mirtazapine)
Aventyl (nortriptyline)	Sinequan (doxepin)
Desyrel (trazadone)	Surmontil (trimipramine)
Endep (amitriptyline)	Tofranil (imipramine)
Elavil (amitriptyline)	Trabcioak (chlormezanone)
Ludiomil (maprodine)	Vivactil (protriptylline)

*Time required to withhold medications \* 5 days + 2 weeks*